



TERRE SHORT MBA, PCC

*Bringing out the brilliance in
leaders worldwide*

Featured in: NPR, Fast Company Magazine,
American BookFest, Becker's, AUPHA

Sampling of Clients:



About Terre:

Terre Short is a human potential developer who has more than 30 years of leadership experience, a Master's in Business Administration/Healthcare Management, her Professional Coach Certification (PCC), and is a certified NeuroMindfulness Practitioner. Terre excels at distilling leadership skills into actionable steps. She coaches leaders of Fortune 500 Companies to look inward and embrace inner wisdom to excel outwardly and overcome challenges.

She leans on the content in her book: *The Words We Choose: Your Guide to How and Why Words Matter* in helping others become their best selves. Through stories and examples, she humorously leads listeners to owning their "Personal Podcast" or inner narrative. She speaks on a wide array of topics that all lead to bringing out brilliance – of oneself and those around them.

She leads the Thriving Leader Collaborative team in offering, coaching, workshops, keynotes, and retreats focused on expanding the intersection of wellbeing and leadership.



Business Owner & Evolved Leader

Terre is the CEO of Short Group, LLC and Founder of the Thriving Leader Collaborative.



Award-Winning Author

Her book, *The Words We Choose: Your Guide to How and Why Words Matter*, explores using words that connect to values and intention, within ourselves, with loved ones and in the workplace.



Former Sr. Executive in Healthcare and Hospitality

She has served as a high-level executive for various 5-star hotels and the largest health systems in the U.S. (HCA).



Frank Reed, M.D.



"Terre Short is a force of nature! She brings energy, expertise, and experience. If you have a chance to work with her as a coach, speaker or facilitator, don't pass it up."

LET'S CONNECT!



Terre@ThrivingLC.Com



1+ 424.234.3939



www.ThrivingLeaderCollaborative.com



Terre Short, MBA, PCC

CEO and Founder of Short Group, LLC & Thriving Leader Collaborative



in/terreshort/



424.234.3939



Terre@ThrivingLC.com



www.ThrivingLeaderCollaborative.com

Speaker Biography

**Do you feel disconnected from yourself, loved ones, or others?
Are you overwhelmed and in a constant state of reaction?
Do you perceive some efforts or conversations as difficult?
Terre will help you spotlight and sustain your innate
brilliance and equip you to do the same with those you serve.**

“Terre has presented at several events for us over the past few years. Her message is always clear and action-oriented. She leans on the content in her book, weaving stories and activities that illustrate how communication is key to leadership success. Her connection with the audience is engaging and authentic.” Nicole Webb, Chief Impact Officer, The Gratitude Group

“I was particularly impressed when listening to Terre speak at how simply and clearly she explained the subject matter. She followed her own mantra: your words matter and make an impact. Years ago, her presentation to the patient experience interns at Intermountain on the importance of the “why” of healthcare made an impact on me as a future leader.” Cody Brinton, CEO Daniels Memorial Healthcare

“You know that one or two speakers that you hear at a conference in your lifetime that sticks with you? The one with a focused message, tools you can actually use, and who compels you to do something different when you go back home? That’s Terre Short.” Greg Paris, Sr. VP Caravan Health

SPEAKING TOPICS:

- **Communication is Key – Listen Expertly and Speak with Intention**
Learn communication strategies that drive culture through values, connect contributors to purpose, and escalate recognition and results.
- **Word Choices Elevate Employee Engagement**
Retain employees by asking powerful questions and cultivating curiosity.
- **Prioritizing Wellbeing Promotes Productivity**
Integrate key practices with a proactive approach to all you juggle.
- **Mindfulness Moments Unlock Centering and Focus**
Learn to retrain the 50% of your mind that routinely wanders, regaining focus and preventing procrastination.
- **Cultivating Resilience by Reframing**
Reframe to improve results and strengthen a growth mindset and cognitive agility.
- **Connection Drives Leadership**
Consistently connect to self, others, your work, the present moment and the future needs of your team.



SAMPLE WORKSHOPS:

Prioritizing Wellbeing Promotes Productivity

A powerful one-hour masterclass to learn how to adopt a proactive approach for prioritizing wellbeing.

- Discover at least one centering practice to commit to when feeling overwhelmed, with an emphasis in what play can look like in the workday.
- Learn the neuroscience basics of why we procrastinate, why we choose to be reactive over proactive, and how to adjust to get back on track.
- Implement key concepts for proactive calendar management.

Elevate the Culture of Your Organization

In this 90-minute workshop Terre reveals how self-awareness and presence can make you a great ambassador of your company's culture.

- Clarify the actions and beliefs of a great ambassador of the culture.
- Identify challenges and action steps related to maintaining a healthy company culture.
- Understand the connection between values and wellbeing and the impact both have on productivity.
- Commit to at least one practice to amplify presence.

<https://linktr.ee/terreshort>